



A Program with the  
Colorado Attorney General  
and the AARP Foundation



Colorado Attorney General  
John W. Suthers



Better Business Bureaus®  
Serving Colorado



## Help Make Free Lunch Investment Seminars Safer for all Investors

At these types of events, people like you may fall prey to deceptive marketing tactics or talked into making an investment purchase that is not appropriate for you. But you can help improve the safety of "free lunch" investment seminars by becoming a Free Lunch Monitor (FLM). Here's how:

1. Visit the [AARP Free Lunch Monitor](http://www.aarp.org/nofreelunch) website, [www.aarp.org/nofreelunch](http://www.aarp.org/nofreelunch), and learn how to become a monitor. It's easy and helps keep the marketplace safer for all investors.
2. Print the "[What to Listen For](http://www.aarp.org/nofreelunch)" checklist at [www.aarp.org/nofreelunch](http://www.aarp.org/nofreelunch) and take the checklist to any "Free Lunch" investment event you plan to attend.
3. Send your completed checklist so we can compare your experience with others and share it with your state's securities regulator.

**AARP**  
**Financial Security Free Lunch Mailbag**  
**601 E Street NW**  
**Washington, DC 20049**  
**S11-176**

Or scan and email it to [nofreelunch@aarp.org](mailto:nofreelunch@aarp.org)

4. Send us your free lunch investment seminar invitations. It helps us learn more about these seminars. (same addresses as above)
5. Refer your friends to the Free Lunch Monitor website [www.aarp.org/nofreelunch](http://www.aarp.org/nofreelunch) so they too can get involved.

**How are you making a difference?**

**1-800-222-4444**

Denver Metro Area  
303-222-4444

[www.aarpelderwatch.org](http://www.aarpelderwatch.org)