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## **Blind students show off culinary skills at kitchen dedication**

**Littleton, Colo** – On Nov. 1, blind students showcased their culinary skills at a dedication ceremony to celebrate the Colorado Center for the Blind’s new state-of-the-art training kitchen, made possible with \$75,000 of Centennial’s Community Development Block Grant Funds approved by the Arapahoe County Board of County Commissioners. Guests enjoyed delicious food prepared by the students and many tried their hand at cooking blind. The new kitchen allows the Center to provide classes on all aspects of food preparation for blind students and local seniors who are losing their vision.

“This is invaluable in helping our students find out firsthand that blindness doesn’t have to stand in the way of full participation in life,” said Julie Deden, Executive Director for the Colorado Center for the Blind. “We teach our students to push past their fears through a variety of learning methods to help them gain confidence and learn to compete on equal terms with sighted peers.”

The Colorado Center for the Blind is based on the philosophy of the National Federation of the Blind which encourages students to learn from positive blind role models to take on tasks independently. The Center not only teaches all of the skills of blindness such as Braille and cane travel, but they focus on challenging students so that they can tackle anything. For more information about Colorado Center for the Blind, contact Julie Deden at 303-778-1130.

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