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## **Arapahoe County will host a breakfast station for Bike to Work Day**

Arapahoe County is doing our part to help promote a healthy commuting choice and to decrease traffic congestion on June 23 during Denver Regional Council of Governments *Bike to Work Day*.

Arapahoe County will host a breakfast station from 6:30 to 8:30 a.m. in the front of the Administration Building, 5334 S. Prince St., Littleton. Arapahoe County employees will hand out juice and bagels donated by Naked Juice and Panera Bread for participants biking by our building.

*Bike to Work Day* participants can use any alternative form of transportation such as walking, riding the bus and carpooling. Arapahoe County expects nearly 70 employees to take part in *Bike to Work Day*.

“Arapahoe County encourages our citizens and employees to participate in *Bike to Work Day* because it is a great exercise in demonstrating that each one of us can do something to help clean our air,” said Commissioner Susan Beckman, who will bike to work June 23. “Why sit in traffic on your way to work when you can enjoy a beautiful Colorado morning biking to work.”

Pledging your bicycle commute on *Bike To Work Day* offers more than just a free breakfast, morning exercise and cleaner air. Pledging also enters participants into two contests for great giveaways. Denver Regional Council of Governments will raffle a Trek hybrid bicycle worth \$1,000, Noodles & Company gift certificates, bell helmets and other bicycling goodies. Arapahoe County will raffle items from the County store for our employees who participate.

To participate, register online at [www.drcog.org](http://www.drcog.org).

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